Kate Houston

Reflections

Her hand rests on her now vacant stomach Her blushed cheeks moistened with my tears. Momentary flashes of white coats and pitying faces And her, sobbing, while our future drains away.

She stands, hunched and weary, too tired To have held on. Head lowered, but her eyes Stare through me, past my skin, to the scream stuck In my throat.

Her chest, like mine, heaves with caged spite Threatening to escape. Getting nowhere, I stare Harder, longer. Trying to be less alive, To lose this odium before I lose myself entirely.

My nails dig red crescents in my skin as I strike At her face, connecting with the glass and falling, Kneeling on a cushion of broken shards, All that remains is dripping blood And an empty frame.

This poem is reprinted from Not Averse, the Girton Poetry Group website, at http://poetry.girton.cam.ac.uk